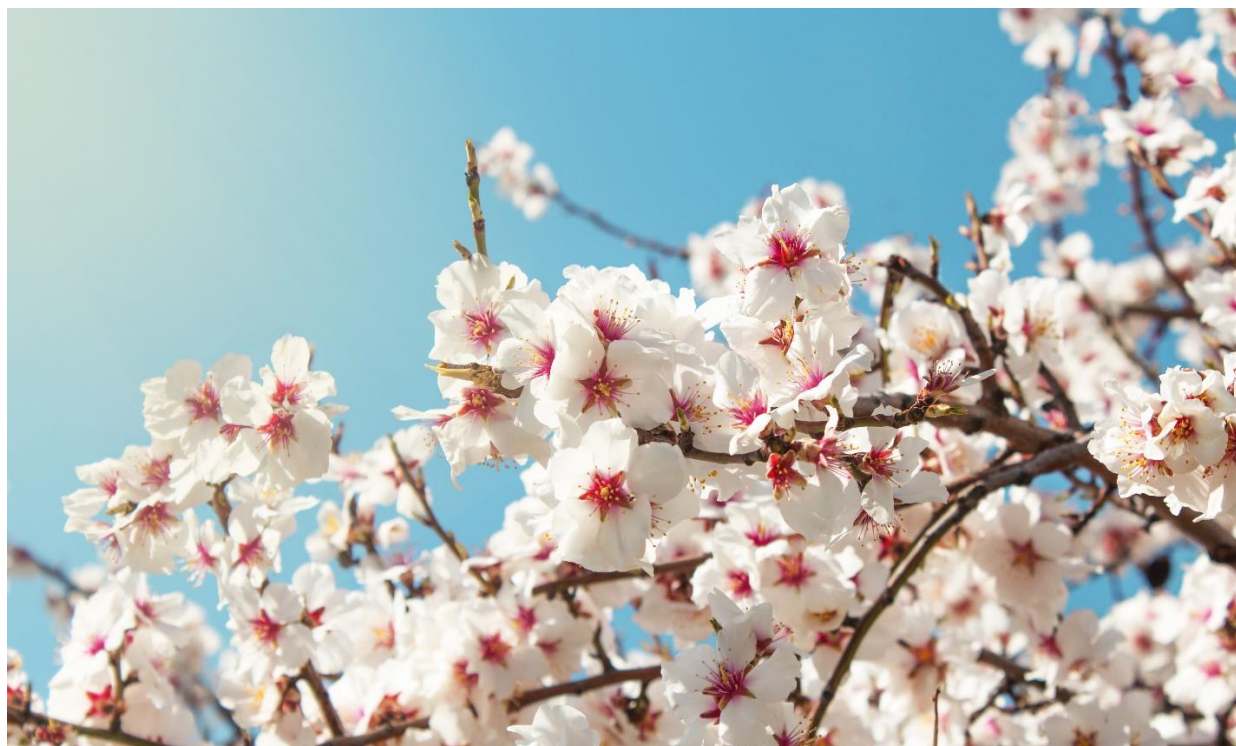


...Listening Friends of America.

Spring Newsletter

April 2017



"The beautiful spring came; and when Nature resumes her loveliness, the human soul is apt to revive also."

– Harriet Ann Jacobs

...Listening Friends of America.

Happy 25th Anniversary, LFoA!

Dear Friends,

On May 5, 2017, we celebrate the 25th Anniversary of Listening Friends of America! This once modest venture has blossomed into a nationwide network of facilities and a community of over 2,000 generous volunteers.

Over the many years, LFoA has provided a positive outlet for thousands of isolated individuals living in prisons, psychiatric wards, nursing homes, and similar institutions. Our goal has always been to provide these individuals with a unique service – a “listening friend” – someone they can share their stories with, especially when they feel they have no one else to talk to. Here at LFoA, we believe in the simple power of listening, that it can promote growth and healing. We have been and will always be a community focused on mental health, wellness, and friendship.

To our patients, we believe in your abilities and your gifts and we promise to continue our dedication. To our staff, we appreciate all the hard work and sacrifices you make to help keep LFoA a caring and honest organization. And to our volunteers, we would be nothing without you! Thank you so much for thinking about those who the rest of society has chosen to forget. You may never know the impact you have.

Congratulations to all, and here's to another 25 years!

Warmest wishes,

Felix

...Listening Friends of America.

Employee Spotlight: Dr. Henry Kohler

By Grayson DeMarco, Boise Director of Public Relations

We'd like to highlight the exceptional work of Dr. Henry Kohler, head psychologist at our Boise, Idaho facility. In February 2017, he published his third book on forensic psychology, titled *M'Naghten: The History of Legal Insanity*. His new work already has several nominations for the American Psychology-Law Society Book Award. As a specialist in his field, Dr. Kohler has been the appointed psychologist for several cases and has provided expert testimony on malingering.

At the Boise facility, he works with and provides treatment to many of our most difficult patients. His understanding nature puts patients at ease, and his hard work motivates his fellow staff members to do their best every day. In his free time, Dr. Kohler enjoys cooking with his wife and walking their two golden retrievers. He has a passion for collecting rare and limited edition books, so the walls of his house are lined with bookshelves. His self-made motto is: "Always believe in the unproven mysteries of the world – what is fiction today may be fact tomorrow."

Riddle Corner

By Mrs. Riddle-Me-Not

What is it something that you always have but you always leave behind?